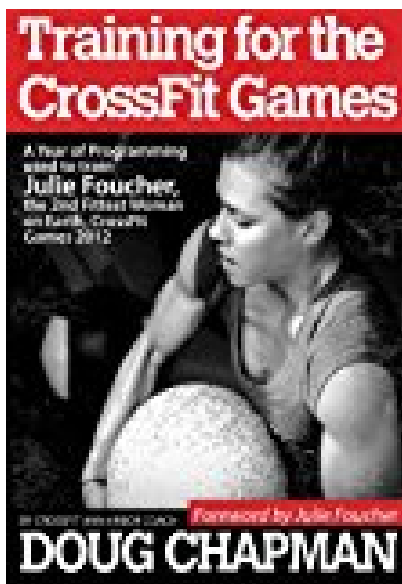


# Training for the CrossFit Games A Year of Programming used to train Julie Foucher The 2nd Fittest Woman on Earth CrossFit Games 2012

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