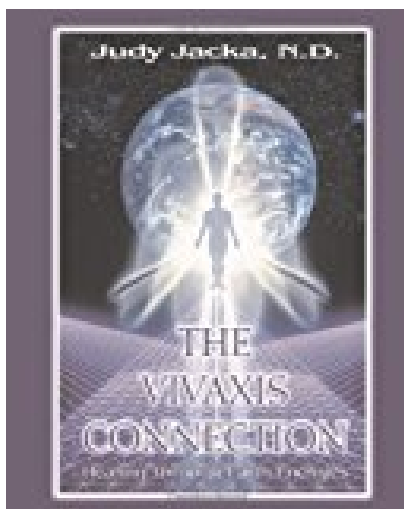


# The Vivaxis Connection Healing Through Earth Energies

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## BOOK DETAILS

- Author : Judy Jacka
- Pages : 304 Pages
- Publisher : Hampton Roads Publishing Company
- Language : English
- ISBN : 1571742085



## BOOK SYNOPSIS

The vivaxis, or life-axis, is like an umbilical cord made of energy connecting us to earth. Our vivaxis connection, and consequently our health, can be affected by many factors; it can also be maintained. The author draws on her naturopathic experience to share practical exercises and techniques such as finding your vivaxis, finding energy layers, stimulating and improving memory and scanning others for disturbances. This how-to guide is easy-to-read with sidenotes, feature boxes and other tools to highlight useful information.

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